

# Scale Rules

1. Keep Fingers Down as long as possible
2. Use all four fingers on each string
3. Slur four notes when four beats in measure and slur three notes when 3 notes in each measure
4. Keep fourth finger down when crossing strings to keep string crossings smooth
5. Use no vibrato at first to define intonation
6. Realize what position you are in
7. Elbow points to floor in 1st to 4th position and moves to the right in 5th
8. In 5th position and above, the thumb goes under the instrument and touches the bottom of the fingerboard and the “nose”



# Viola

## Two Octave Major Scales

Ronald Houston

Starts on 1st Finger

### D Major

Two staves of musical notation for the D Major scale. The first staff shows the scale from D4 to D6 with fingerings 1-2-3-4, 1-2-3-4, 1-2-3-4, 1-2-3-4, 3-2-1-4, 3-2-1-4, 3-2-1. The second staff shows the scale from D5 to D7 with fingerings 1-3-1-4, 4-2-4-3, 3-4-2-4, 4-1-3-1, 1-4-2-4, 4-3-1-3, 3-1-3-4, 4-2-4-1, 1-1-2.

### Eb Major

Two staves of musical notation for the Eb Major scale. The first staff shows the scale from Eb4 to Eb6 with fingerings 1-2-3-4, 1-2-3-4, 1-2-3-4, 1-2-3-4, 3-2-1-4, 3-2-1-4, 3-2-1. The second staff shows the scale from Eb5 to Eb7 with fingerings 1-3-1-4, 4-2-4-3, 3-4-2-4, 4-1-3-1, 1-4-2-4, 4-3-1-3, 3-1-3-4, 4-2-4-1, 1-1-2.

### E Major

Two staves of musical notation for the E Major scale. The first staff shows the scale from E4 to E6 with fingerings 1-2-3-4, 1-2-3-4, 1-2-3-4, 1-2-3-4, 3-2-1-4, 3-2-1-4, 3-2-1. The second staff shows the scale from E5 to E7 with fingerings 1-3-1-4, 4-2-4-3, 3-4-2-4, 4-1-3-1, 1-4-2-4, 4-3-1-3, 3-1-3-4, 4-2-4-1, 1-1-2.

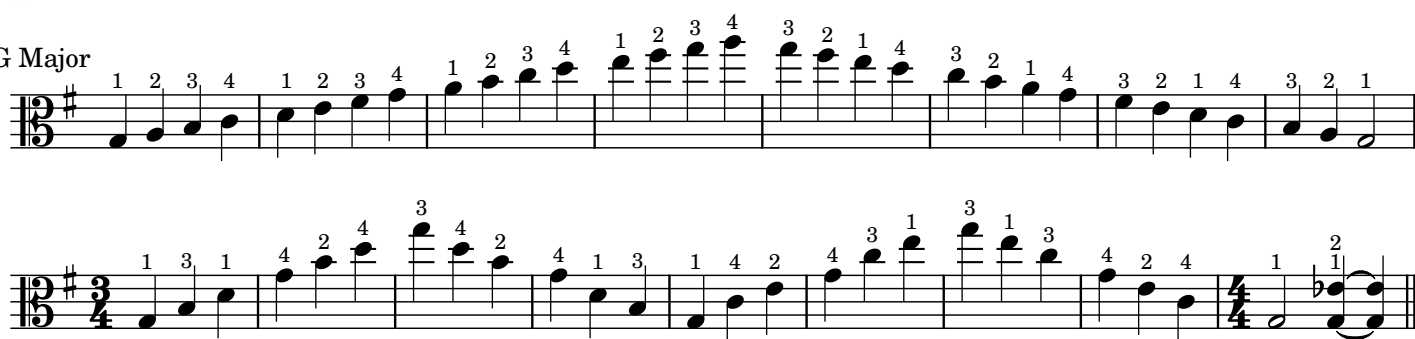
### F Major

Two staves of musical notation for the F Major scale. The first staff shows the scale from F4 to F6 with fingerings 1-2-3-4, 1-2-3-4, 1-2-3-4, 1-2-3-4, 3-2-1-4, 3-2-1-4, 3-2-1. The second staff shows the scale from F5 to F7 with fingerings 1-3-1-4, 4-2-4-3, 3-4-2-4, 4-1-3-1, 1-4-2-4, 4-3-1-3, 3-1-3-4, 4-2-4-1, 1-1-2.

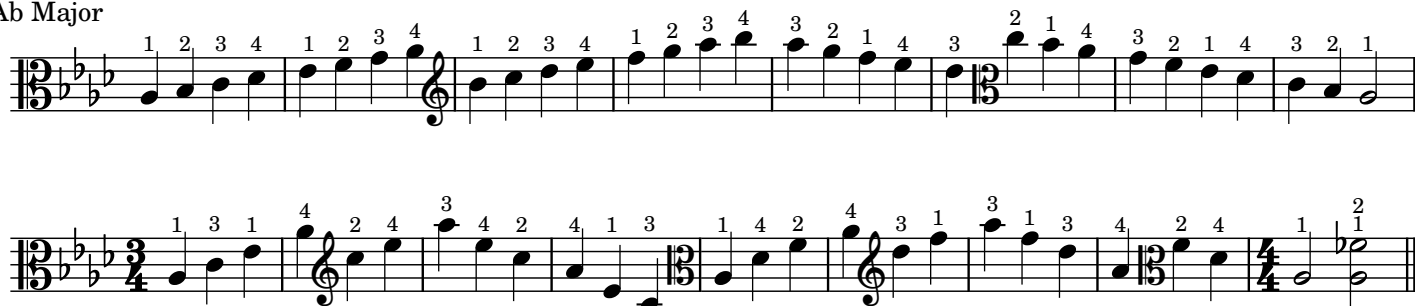
### Gb Major

Two staves of musical notation for the Gb Major scale. The first staff shows the scale from Gb4 to Gb6 with fingerings 1-2-3-4, 1-2-3-4, 1-2-3-4, 1-2-3-4, 3-2-1-4, 3-2-1-4, 3-2-1. The second staff shows the scale from Gb5 to Gb7 with fingerings 1-3-1-4, 4-2-4-3, 3-4-2-4, 4-1-3-1, 1-4-2-4, 4-3-1-3, 3-1-3-4, 4-2-4-1, 1-1-2.

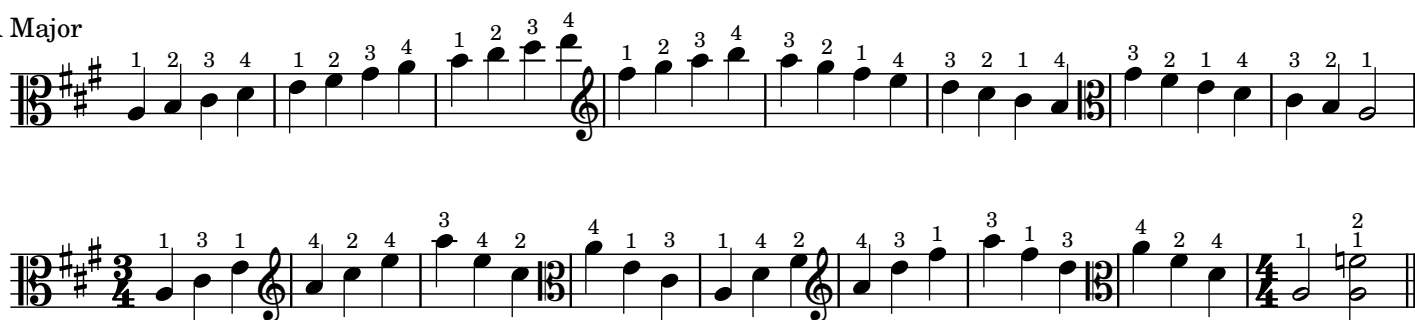
## G Major



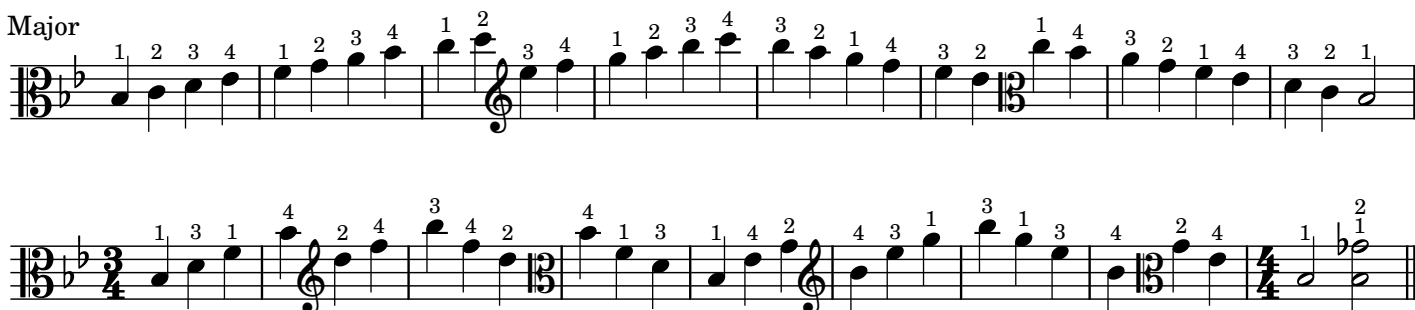
## Ab Major



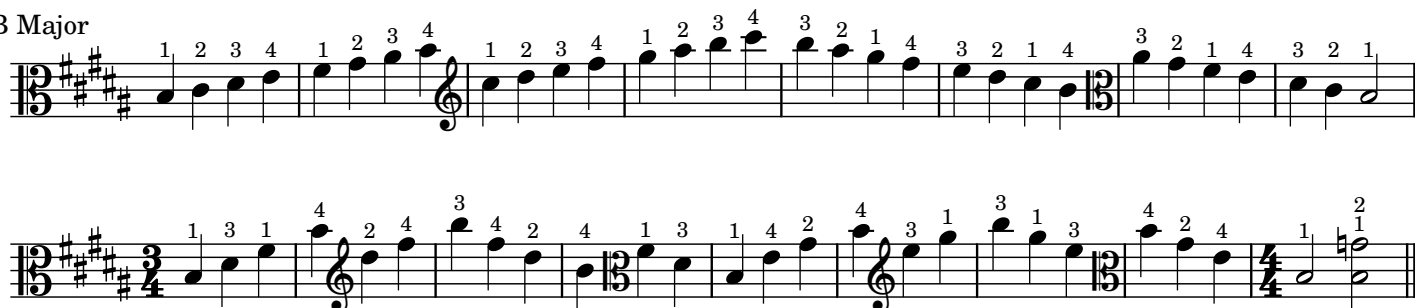
## A Major



## Bb Major



## B Major



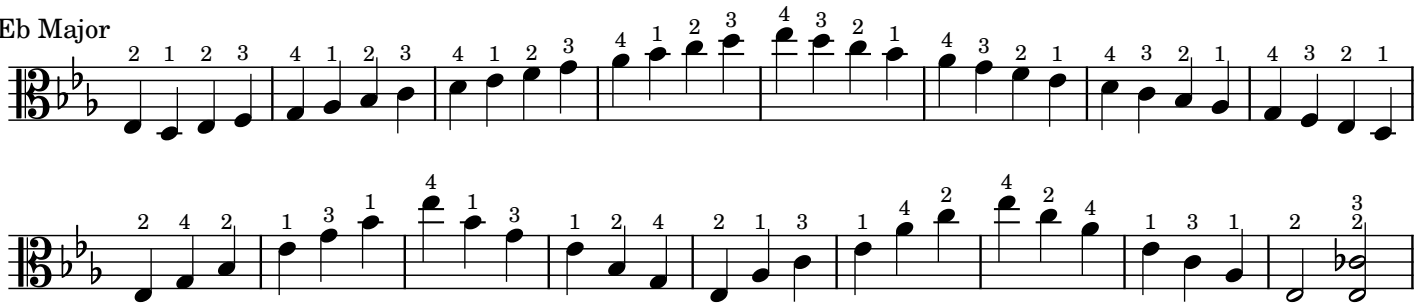
# Viola

## Two Octave Major Scales

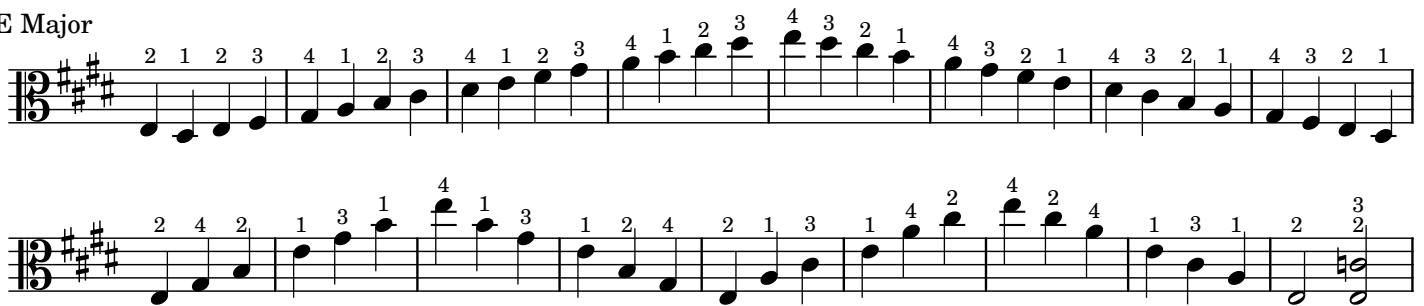
Starts on 2nd Finger

Composer / arranger

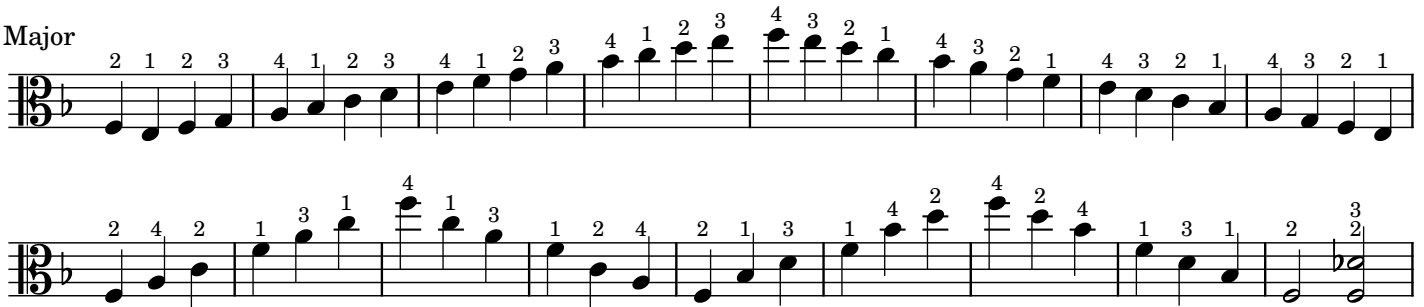
### E $\flat$ Major



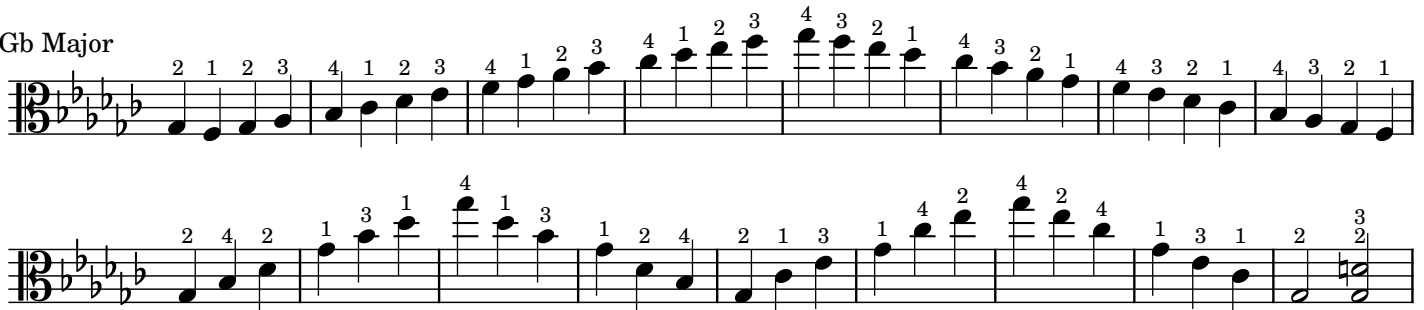
### E Major



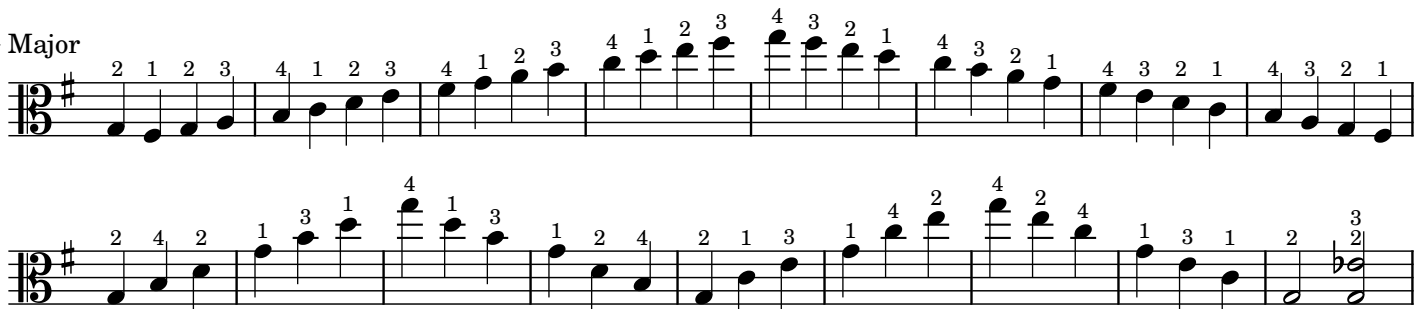
### F Major



### G $\flat$ Major



### G Major



## Ab Major

First system of the Ab Major scale, consisting of two staves. The first staff contains the first four measures of the scale, and the second staff contains the next four measures. Fingerings are indicated by numbers 1-4 above the notes.

## A Major

First system of the A Major scale, consisting of two staves. The first staff contains the first four measures of the scale, and the second staff contains the next four measures. Fingerings are indicated by numbers 1-4 above the notes.

## Bb Major

First system of the Bb Major scale, consisting of two staves. The first staff contains the first four measures of the scale, and the second staff contains the next four measures. Fingerings are indicated by numbers 1-4 above the notes.

## B Major

First system of the B Major scale, consisting of two staves. The first staff contains the first four measures of the scale, and the second staff contains the next four measures. Fingerings are indicated by numbers 1-4 above the notes.

### Starts on 3rd Finger

x (Stretch 4th Finger)

x (Stretch 4th Finger)

X  
4
$$\frac{x}{4} = 4$$
$$\frac{1}{4} \frac{1}{4} \frac{1}{4} \frac{1}{4}$$

A Major

The image shows the A Major scale written on a treble and bass staff. The treble staff starts with a treble clef and the bass staff with a bass clef. Both staves have a key signature of two sharps (F# and C#) and a 3/4 time signature. The treble staff contains the first six notes of the scale (A, B, C, D, E, F#) with fingerings 3, 2, 1, 2, 3, 4 and 1, 2, 3, 4, 1, 2. The bass staff contains the remaining six notes (F#, G, A, B, C, D) with fingerings 3, 4, 1, 2, 3, 4 and 1, 2, 3, 4, 1, 2. The scale is written in a single line, with the treble staff for the first six notes and the bass staff for the next six notes. The notes are connected by a single line, indicating a continuous scale. The fingerings are indicated by numbers 1 through 4 above the notes. The treble staff ends with a double bar line and a repeat sign. The bass staff ends with a double bar line and a repeat sign.

## Bb Major

Diagram of the Bb Major guitar scale. The scale is written on two staves in Bb Major (two flats). The first staff shows the scale ascending and descending, with fingerings (1-4) and a barre (X) at the 4th fret. The second staff shows the scale ascending and descending, with fingerings (1-4) and a barre (X) at the 4th fret.

## B Major

Diagram of the B Major guitar scale. The scale is written on two staves in B Major (two sharps). The first staff shows the scale ascending and descending, with fingerings (1-4) and a barre (X) at the 4th fret. The second staff shows the scale ascending and descending, with fingerings (1-4) and a barre (X) at the 4th fret.

## C Major

Diagram of the C Major guitar scale. The scale is written on two staves in C Major (no sharps or flats). The first staff shows the scale ascending and descending, with fingerings (1-4) and a barre (X) at the 4th fret. The second staff shows the scale ascending and descending, with fingerings (1-4) and a barre (X) at the 4th fret.

## Db Major

Diagram of the Db Major guitar scale. The scale is written on two staves in Db Major (three flats). The first staff shows the scale ascending and descending, with fingerings (1-4) and a barre (X) at the 4th fret. The second staff shows the scale ascending and descending, with fingerings (1-4) and a barre (X) at the 4th fret.

## D Major

Diagram of the D Major guitar scale. The scale is written on two staves in D Major (two sharps). The first staff shows the scale ascending and descending, with fingerings (1-4) and a barre (X) at the 4th fret. The second staff shows the scale ascending and descending, with fingerings (1-4) and a barre (X) at the 4th fret.

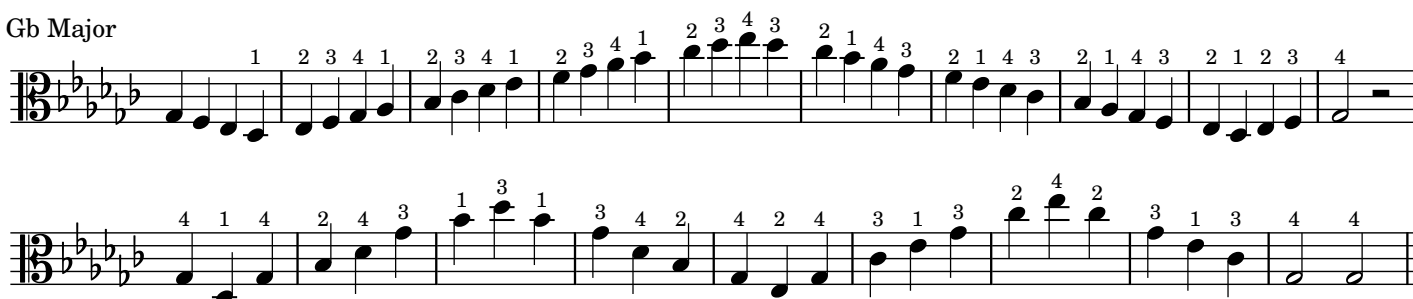
# Viola

## Two Octave Major Scales

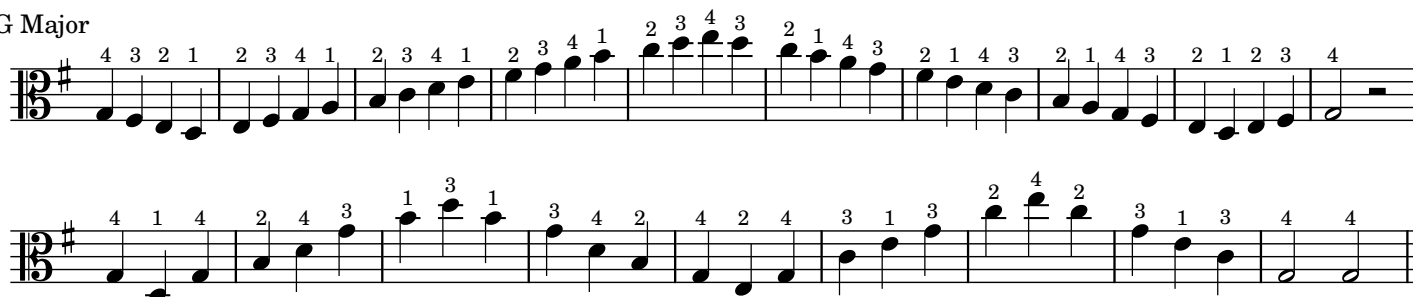
Starts on 4th Finger

Ronald Houston

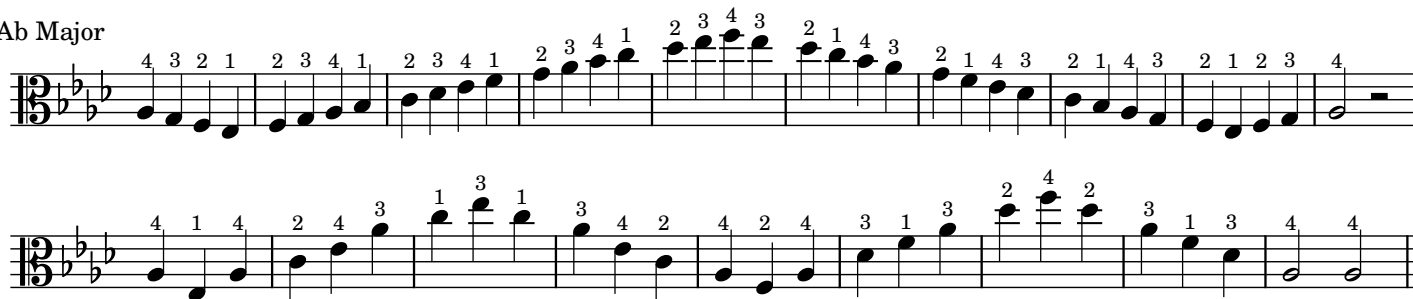
### Gb Major



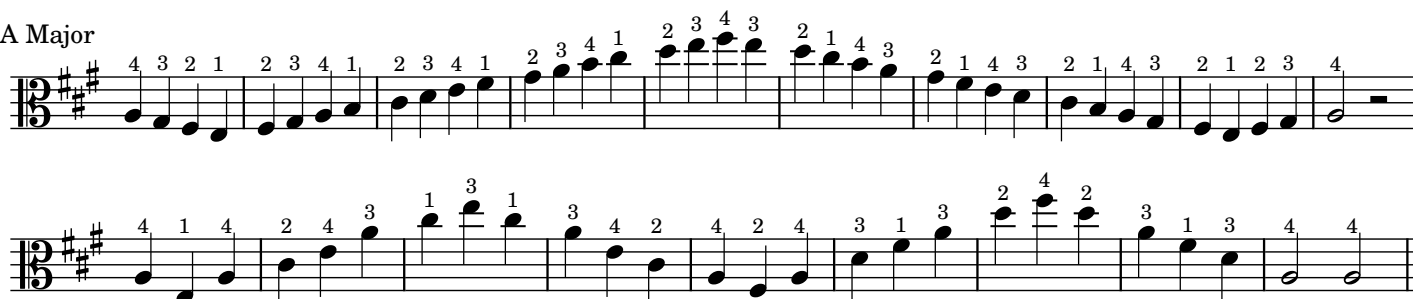
### G Major



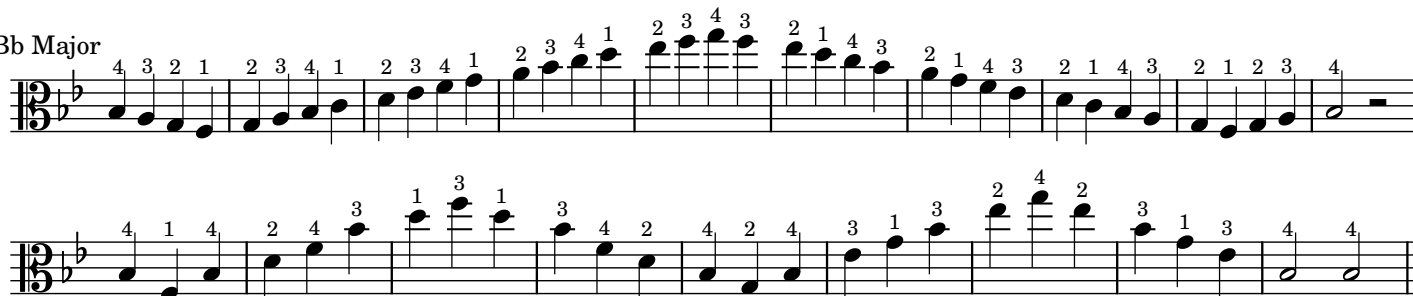
### Ab Major



### A Major



### Bb Major





## B Major

First system of the B Major scale, consisting of two staves. The first staff contains the ascending scale with fingerings: 4, 3, 2, 1, 2, 3, 4, 1, 2, 3, 4, 1, 2, 3, 4, 1, 2, 3, 4, 3, 2, 1, 4, 3, 2, 1, 4, 3, 2, 1, 2, 3, 4. The second staff contains the descending scale with fingerings: 4, 1, 4, 2, 4, 3, 1, 3, 1, 3, 4, 2, 4, 2, 4, 3, 1, 3, 2, 4, 2, 3, 1, 3, 2, 4, 4.

## C Major

First system of the C Major scale, consisting of two staves. The first staff contains the ascending scale with fingerings: 4, 3, 2, 1, 2, 3, 4, 1, 2, 3, 4, 1, 2, 3, 4, 1, 2, 3, 4, 3, 2, 1, 4, 3, 2, 1, 4, 3, 2, 1, 2, 3, 4. The second staff contains the descending scale with fingerings: 4, 1, 4, 2, 4, 3, 1, 3, 1, 3, 4, 2, 4, 2, 4, 3, 1, 3, 2, 4, 2, 3, 1, 3, 2, 4, 4.

## Db Major

First system of the Db Major scale, consisting of two staves. The first staff contains the ascending scale with fingerings: 4, 3, 2, 1, 2, 3, 4, 1, 2, 3, 4, 1, 2, 3, 4, 1, 2, 3, 4, 3, 2, 1, 4, 3, 2, 1, 4, 3, 2, 1, 2, 3, 4. The second staff contains the descending scale with fingerings: 4, 1, 4, 2, 4, 3, 1, 3, 1, 3, 4, 2, 4, 2, 4, 3, 1, 3, 2, 4, 2, 3, 1, 3, 2, 4, 4.

## D Major

First system of the D Major scale, consisting of two staves. The first staff contains the ascending scale with fingerings: 4, 3, 2, 1, 2, 3, 4, 1, 2, 3, 4, 1, 2, 3, 4, 1, 2, 3, 4, 3, 2, 1, 4, 3, 2, 1, 4, 3, 2, 1, 2, 3, 4. The second staff contains the descending scale with fingerings: 4, 1, 4, 2, 4, 3, 1, 3, 1, 3, 4, 2, 4, 2, 4, 3, 1, 3, 2, 4, 2, 3, 1, 3, 2, 4, 4.

## Eb Major

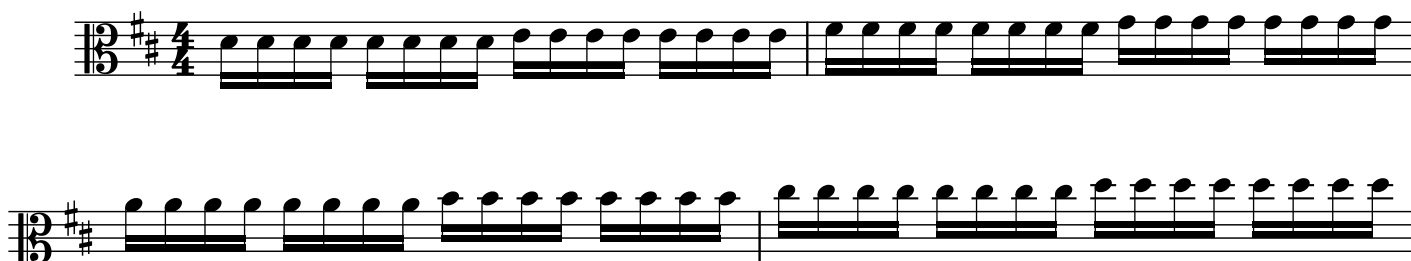
First system of the Eb Major scale, consisting of two staves. The first staff contains the ascending scale with fingerings: 4, 3, 2, 1, 2, 3, 4, 1, 2, 3, 4, 1, 2, 3, 4, 1, 2, 3, 4, 3, 2, 1, 4, 3, 2, 1, 4, 3, 2, 1, 2, 3, 4. The second staff contains the descending scale with fingerings: 4, 1, 4, 2, 4, 3, 1, 3, 1, 3, 4, 2, 4, 2, 4, 3, 1, 3, 2, 4, 2, 3, 1, 3, 2, 4, 4.

# Spiccato Practice

Viola

Ronald Houston

**A**



**B**

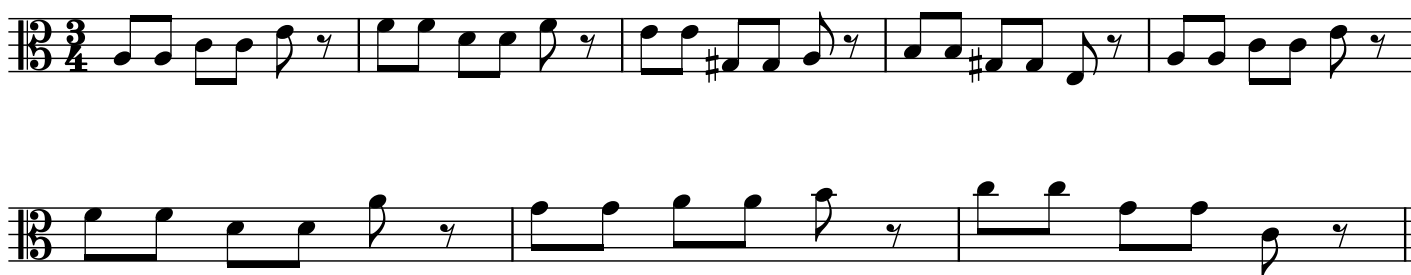


**C**



**D**

Sevcik Opus 3 Spiccato exercise



**E**

Mendelssohn Scherzo excerpt

